

SkinPen Post-Treatment Instructions:

Immediately Following Treatment:

- Do not apply anything to the skin for 24 hours after treatment. This includes make-up, SPF, serums or products of any kind. You can apply the post-procedure gel provided.
- Avoid face coverings and headbands on the treated area. If clothing is to be worn over the treatment area, we recommend cotton clothing that hasn't been treated with fabric softeners or dryer sheets.
- Redness and/or swelling is common and will resolve within 1-2 days.

8 Hours After Treatment:

- Cleanse skin with a gentle, fragrance-free cleanser then apply the post-procedure gel provided. Do not apply anything else to the skin.
- Avoid use of any skin makeup for **24 hours** after treatment

Days 1-3 Post Treatment:

- Avoid exercise for the first three days after treatment this includes excessive sweating

Days 1-6 Post Treatment:

- **AM Routine-** Cleanse skin then apply the post-procedure gel provided. Follow with SPF 30 or higher. Reapply SPF every 2 hours.
- **PM Routine-** Cleanse skin then apply the post-procedure gel provided.
- Bruising, pinpoint bleeding, minor scabbing, minor breakouts, swelling and/or redness may occur and will resolve within 7-10 days of treatment.
- Do not pick, peel, rub, scrub or irritate your skin in any way while it is healing, as this may cause scarring. Avoid exfoliating cleansers and harsh products.
- Avoid heat, saunas, hot tubs and avoid swimming in pools and the ocean.
- Do not use an electric or manual facial brush of any kind (i.e. Clarisonic or something of the like).
- Mineral or non-comedogenic make-up may be worn, however, we recommend leaving skin clean for this time period if possible.
- Also avoid any other aesthetics including but not limited to injectables and facials. You can repeat SkinPen treatment in one month if needed.

Days 7+:

- You may resume your regular skin care routine as long as peeling/flaking has subsided. If you are still peeling/flaking, be patient and allow your skin the time it needs to heal before starting back on your routine.

We want you to have an outstanding result. If you have any questions or concerns, please call the office for assistance.

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