

Sculptra Post Procedure Instructions

Post Care Protocol:

- Massage the treated areas in an upward motion 5 times a day for about 5 minutes for 5 days after treatment.
 - **Remember 5-5-5**
- When using ice packs, hold fabric-side onto the treated areas gently for about 3-5 minutes at a time on the day of your treatment and the day after your treatment.
- Do NOT get a facial or massage for 1 week after your filler procedure.
- Avoid strenuous workouts and alcohol for 24 hours
- Feel free to wear makeup a few hours after your appointment. When makeup is applied, ensure that hands have been thoroughly cleaned.
- In the event that you experience bruising, you may cover it with makeup.
- A few days after treatment, you may look as you did before treatment. This is normal. Over time Sculptra will replace lost collagen. It will take 8 to 12 weeks for the collagen to build up in your skin.

Follow Up Treatment:

- Follow up appointment should be scheduled in 8 to 12 weeks.
- Visible results may require multiple sessions.
- Results can last up to 24 months.

We want you to have an outstanding result. If you have any questions or concerns, please call the office for assistance. (954) 463-5406