

Restylane, Defyne, Lyft, Refyne & Silk Post Procedure Instructions

Post Care Protocol:

- Apply ice packs gently to the affected area for about 3-5 minutes at a time throughout the day of your treatment and the day after your treatment.
- Treated areas may be red, swollen, and/or bruised for the first 2 to 7 days.
- Do NOT get a facial or massage for 1 week after your filler procedure.
- Avoid strenuous workouts and alcohol for 24 hours
- Feel free to wear makeup a few hours after your appointment. When makeup is applied, ensure that hands have been thoroughly cleaned.
- In the event that you experience bruising, you may cover it with makeup.

Follow Up Treatment:

- Visible results may require multiple sessions.
- Results typically last 6-9 months but can last up to 12 months.

We want you to have an outstanding result. If you have any questions or concerns, please call the office for assistance. (954) 463-5406