

## **Botox®/Dysport®/Jeuneau Post Procedure Instructions**

### **Post Care Protocol:**

- When using ice packs, hold fabric-side onto the treated areas gently for about 3-5 minutes at a time a few times a day of your treatment and the day after your treatment.
- Wait at least 4 hours before laying down or bending over.
- Do NOT get a facial or massage for 24 hours after your procedure.
- Avoid strenuous workouts and alcohol for 24 hours.
- Feel free to wear makeup a few hours after your appointment. When makeup is applied, ensure that your hands have been thoroughly cleaned.

### **Follow Up Treatment:**

- Follow up in 2 weeks to reassess your treatment and perform any touch ups if necessary.
- Results typically last 3-4 months.

**We want you to have an outstanding result. If you have any questions or concerns, please call the office for assistance.**

**(954) 463-5406**