

GALT DERM

AFTER CRYOSURGERY / FREEZING OF SKIN

WHAT TO EXPECT?

- Blistering or scabbing of the treated area may occur and is normal. Do not get alarmed if you notice swelling or a blood blister at the site of treatment. These changes are common and typically resolve in 1-2 weeks.
- Discomfort and stinging sensation following a procedure is common and typically resolves 1-3 days afterward; you may take Tylenol or Advil as directed for pain (as long as no medical contraindication)

WHAT TO WATCH OUT FOR?

- Signs of Infection: Redness, Heat on the skin, Pain, Yellow (not clear) pus

Please call our office if concerned about these signs.

CARE FOR YOUR SKIN FOLLOWING CRYOSURGERY

- No post treatment necessary. No avoidance of water necessary
- No bandage is necessary. Leave open to air
- A blister is normal and should leave intact
- Only if blister ruptures and wound or break in skin results, then treat the base of the open wound with Polysporin or Bacitracin ointment once a day until healed. Avoid Neosporin. Cover the open area with non-stick Telfa and wrap with gauze. Avoid Adhesive bandages on the skin and change bandage daily

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GALT DERM

AFTER A SKIN BIOPSY OR SKIN SURGERY

WHAT TO WATCH OUT FOR?

- Signs of infection: redness, heat on the skin, pain, and/or yellow (not clear) pus. If concerned about these signs, please call our office
- Bleeding - if bleeding occurs, hold continuous very firm pressure for 25 minutes; if bleeding persists, please call our office
- Bruising is common and typically resolves in 1-2 weeks.
- Discomfort and stinging sensation following procedure is common and typically resolves 1-3 days afterward; you may take Tylenol for pain (as long as no medical contraindication)

CARE FOR YOUR WOUND FOLLOWING A BIOPSY OR SURGERY

- Leave bandage intact and dry for 24 hours, shower just before removing
- Remove bandage and gently clean skin with mild soap and water
- Apply Vaseline, Aquaphor, Polysporin or Bacitracin ointment once a day. Avoid Neosporin
- Cover with non-stick Telfa and wrap with gauze. Avoid adhesive bandages on the skin
- Change bandage daily
- Minimize exercise or any activity that puts tension on the wound
- If wound is sutured, follow up for suture removal as scheduled. Call us for any change in date in suture removal

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